

# Historic Road Slow Cycling and Sushi Chef Experience

This tour will take you on a slow bicycle ride down the traces of the historic road that still remains today, leading from Myoko, an area of heavy snowfall, to Arai Station. You will enjoy old shrines that make you feel spiritual, the vast countryside, the magnificent view of Myoko Mountain. At lunch time, enjoy the "Sushi Chef Experience" where you can make sushi using fresh fish from Joetsu.

- G** Kiminoi Sake Brewery  
Sake brewery tour  
0.6km
- H** **GOAL**  
Arai Station  
0.6km
- F** Sushi Chef Experience  
Lunch at "Sushi-Yoshi"  
4.5km
- E** Historic Road :  
Old Hokkoku Kaido Road
- D** Nihongi Station  
3.6km
- E** Historic Road :  
Old Hokkoku Kaido Road
- C** Nakago area's  
railroad scenic spots  
4.3km
- E** Historic Road :  
Old Hokkoku Kaido Road
- B** Sekiyama Shrine  
1.2km
- A** **START**  
Sekiyama Station

**Kiminoi Sake Brewery G**  
Established in 1842.  
You can visit and enjoy sample sake at this 180-year-old traditional sake brewery. Why not visit after the cycling is over?

**GOAL H**  
Arai Station

**F** Sushi Chef Experience "Sushi-Yoshi"  
At Sushi-Yoshi in Arai, an post-town on the Hokkoku Kaido Road, visitors can learn how to make nigiri sushi from a professional sushi chef. Enjoy tasting fresh fish from Joetsu.

**E** Historic Road : Old Hokkoku Kaido Road  
The Hokkoku Kaido, an important road connecting Joetsu and Nagano to Edo (now Tokyo), still retains traces of people's daily lives. Visitors will enjoy the journey while observing the ingenuity of the people who built houses to survive in the heavy snowfall.

**D** Nihongi Station  
This is the only station in Niigata Prefecture that still has a switchback platform. The station building and other structures built between the Meiji and Showa eras have been designated a Tangible Registered Cultural Property of Japan, and the retro atmosphere is popular among railroad fans.

**C** Nakago area's railroad scenic spots  
Taking a short detour from the Historic Road, old Hokkoku Kaido from Sekiyama to Nihongi Station, we will cycle through the countryside. The view from the top of the hill is the best spot to take pictures of the rice fields spreading out before your eyes, the railroad running in the middle of the fields, and a panoramic view of Myoko Mountain in the distance. The timing of the train passing by is a great photo opportunity.

**E** Historic Road : Old Hokkoku Kaido Road

**B** Sekiyama Shrine  
Experience the mountain spring water purification at a historic shrine that became the center of mountain faith in Myoko Mountain.

**A** **START**  
Meet at Sekiyama Station on the Echigo Tokimeki Railway. Bicycles will be provided at Sekiyama Station, located at the foot of 2454-meter-high Mt. Myoko, the symbol of the Joetsu and Myoko areas.

**Travel Quiz Time**  
The tour will proceed with the interpreter-guide giving quizzes related to Joetsu and Myoko at various points along the way. Enjoy♪

**What is embedded in the centerline of the road?**

**What are the bars on the roof for?**

**Why such a tall fire hydrant?**